

Video-assisted laboratory teaching

A way to enhance learning, save time in laboratory and increase variation in teaching

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Introduction

Laboratory teaching is an essential part of medical laboratory technology education. Practical skills are important together with theoretical knowledge of analysis principles, clinical relevance, quality standards and technology. Students spend limited time together with their teachers, and it is important to optimize the utilization of this time to ensure maximal learning outcomes. It is also important to offer a variety in teaching and learning methods. Access to video capture tools and publication channels like YouTube and learning management systems (LMS) facilitates publishing of videos to the students. The aim of the project was to investigate whether use of videos in preparation for laboratory exercise enhances learning and increases efficiency in conducting laboratory teaching.

Materials and methods

We prepared introductory videos for eight sessions in the laboratory, five for first-year and three for second-year students. These were presented on YouTube and LMS "It's learning". Students were told to watch the videos before the laboratory session.

The eight sessions were evaluated by the students in six questionnaires. The average response rate was 55%. In yes / no questions, the average percentage of all surveys were calculated. In open questions statements were grouped and ranked by frequency.

The project was carried out in the period 2013—2016.

Results

84% of the students had watched the video prior to the lab sessions.

14 % of the students had technical difficulties with playing the video, half of them solved the problems themselves. Only a few reported technical difficulties with playing the video on their second session.

80% of the students partly or fully agreed to that they learned more and were better prepared for the training session when they had watched the video in advance, compared to exclusively training in the laboratory.

88 % of the students wanted preparatory videos for further laboratory training.

Statements from the questionnaire, ranged by prevalence

- Statements from the questionhaire, ranged by prevalent

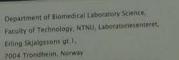
 Videos enhanced preparation for laboratory training
- . Videos prior to lab session yielded more time for laboratory activities
- When using videos, you can pause, take notes and repeat Videos gave a more thorough explanation, providing better understanding
- The videos should have been more comprehensive
 It was nice to get explanation by sound and picture in stead of written instruction
- Several short videos are better than one long video

Conclusion

Videos in preparation for laboratory teaching were considered to enhance learning, save time in laboratory and increase variation in teaching. We find it desirable to proceed with video-assisted laboratory teaching.

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Norwegian University of Science and Technology





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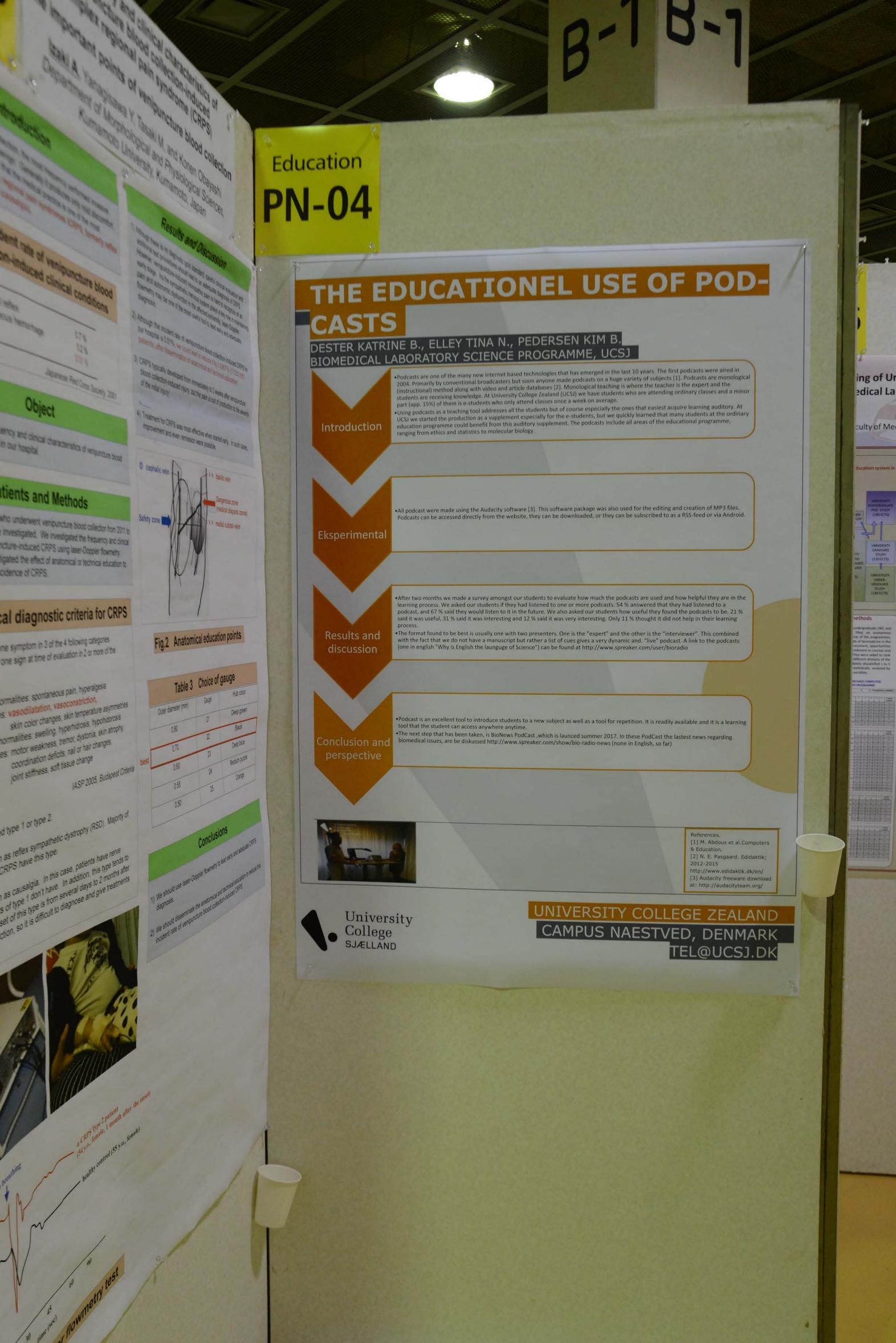
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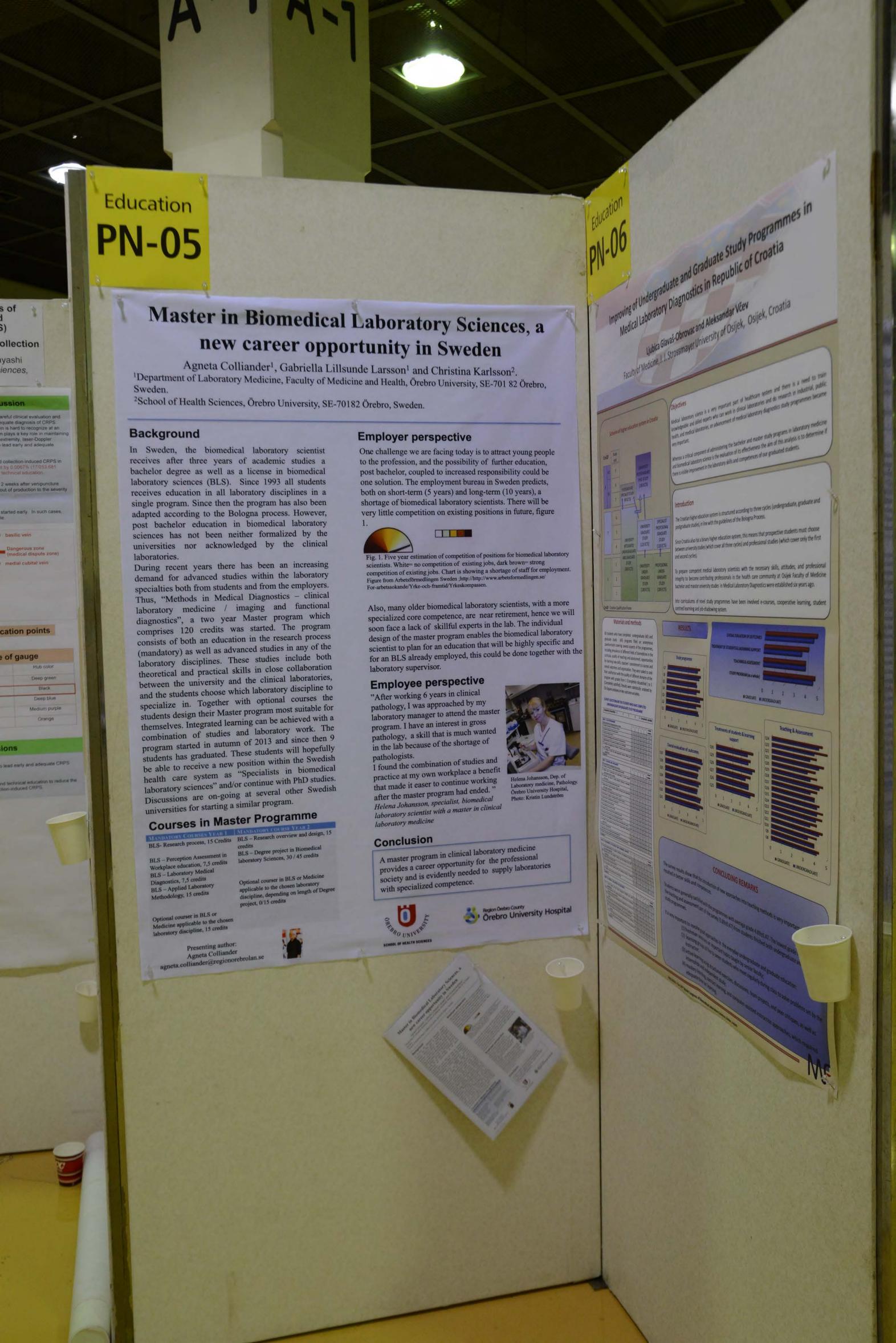
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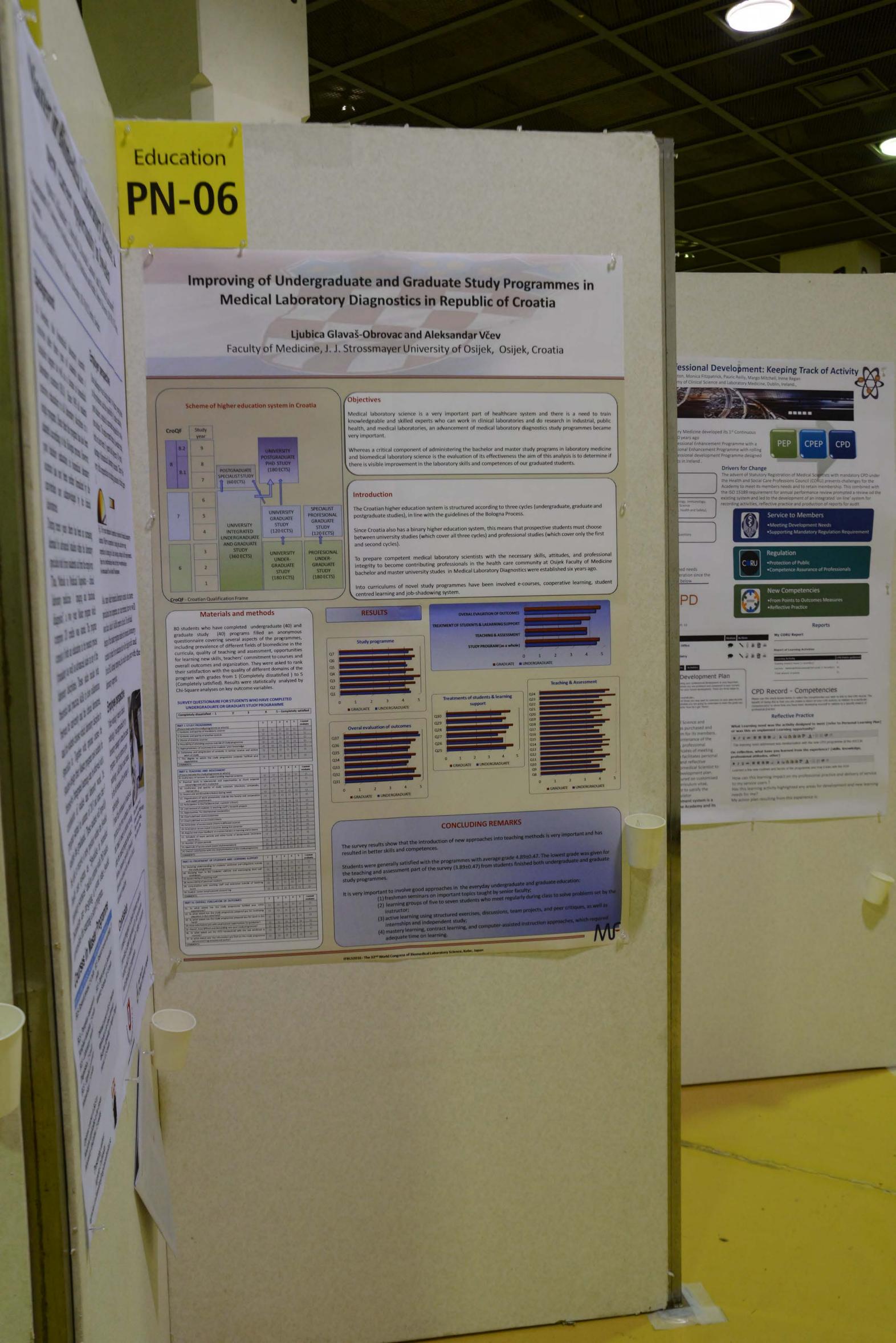
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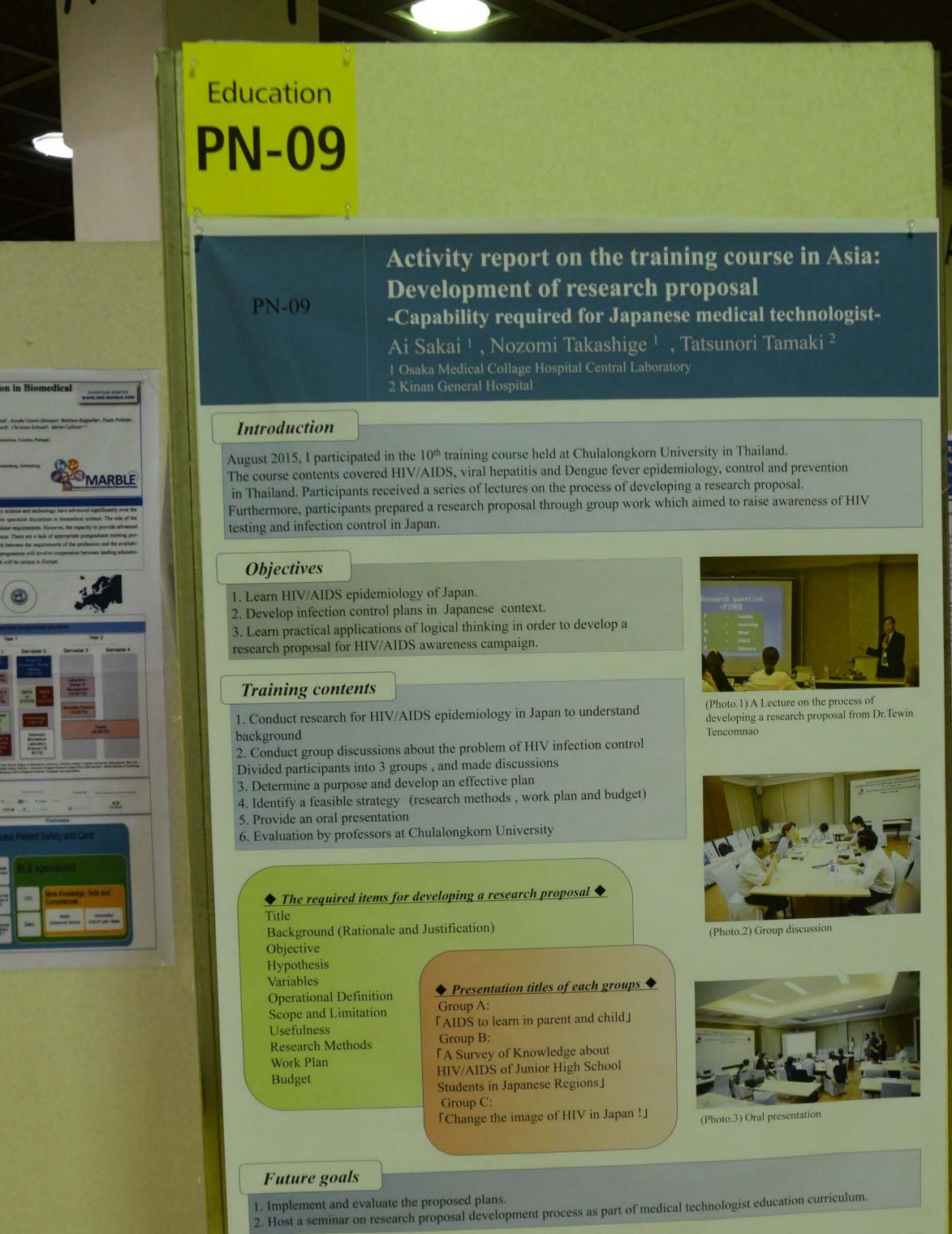
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Consideration

I gained many valuable experiences as medical technologist in this Asia training course.

Research proposal development skills are vital in order to do a logical and well-planned research. These skills will be

However, there is a lack of opportunities for Japanese medical technologists to learn research proposal development, and

Providing more study opportunities at seminars, workshops, and educational institutions will likely encourage Japanese medical technologists to further contribute to clinical research and public health.

Education PN-10

PN-10

Activity Report on the 10th Training Course for Medical Technologist in Asia

Nozomi Takashige¹⁾, Ai Sakai¹⁾, Tatsunori Tamaki²⁾ 1) Osaka Medical College Hospital, 2) Kinan General Hospital

Background



The 10th training Course was held in Bangkok, Thailand in August 2015.

Spread of infectious diseases has been a serious problem in the world, and in particular the number of HIV/AIDS patients in Japan has been increasing.

Medical technologists are interested in global public health, there is a lack of training opportunities.

- 1. Obtain knowledge about the infectious disease epidemiology
- 2. Create a framework, basic methods and principles of effective interventions and a research proposal in oral presentations.
- 3. Increase knowledge about the disease prevention activities and methods of precaution.

Course Details

Participants	18 (14 Japanese, 4 Thai; 4 males, 14 females)						
Participants' occupation	Medical Technologist, Laboratory Technician, Public Health Professional and Related Fields						
Place	Chulalongkorn University, BIDI						
Duration	3days						
Language use	English language						

Opening Ceremony								
Orientation								
Overview: Epidemiology, Current situation and diagnosis of TB and HIV in Thailand								
Lecture of Research Proposal Lecture of Project Cycle Management(PCM) Preparation of Research Proposal by Group work								
Welcome Party								
Re-Emerging Diseases I; Dengue								
Field trip to BIDI (The role of the BIDI hospital in HIV/AIDS patient)								
Re-Emerging Diseases II; Hepatitis A,B,C,E								
Get involved in Public Health as a Medical Technologist								
Presentation of Research Proposal								
Closing Ceremony								





Conclusion



- This training course was a great opportunity to: · learn epidemiology and research proposal
- ·interact with medical professionals internationally
- ·explore possible future contributions to public health
- ·share global knowledge and experiences
- ✓ More international learning opportunities are needed for further capability development of medical technologists.



Investigate the effects of the study and training of Medical English on the staffs in Yokohama Rosai

Hospital.

1) Study and training of Medical English

- (Step-1) Basic Medical English · General information
- · Reception
- · Accounting
- Consultation room · Blood collection room

(Step-2) Practical medical English

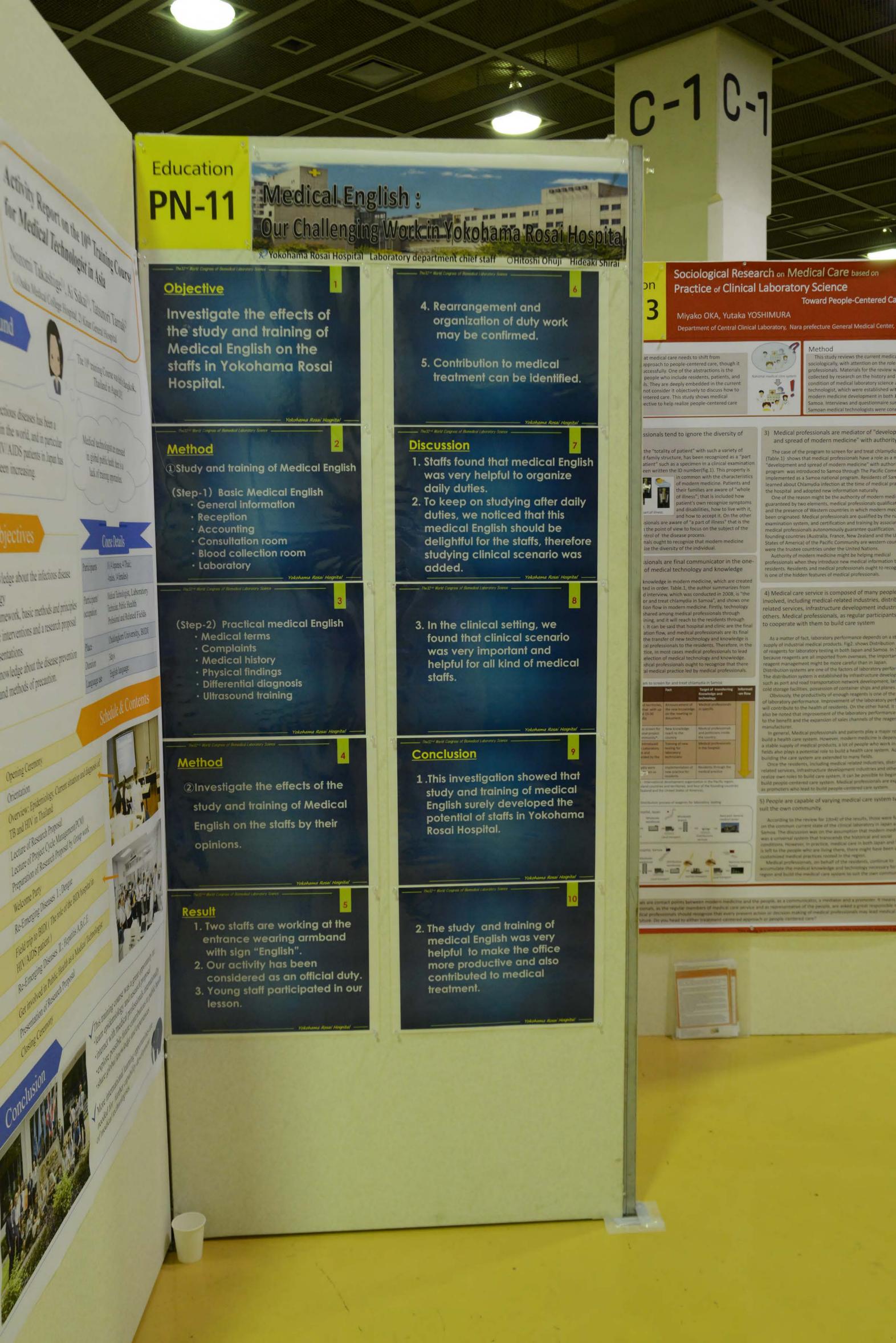
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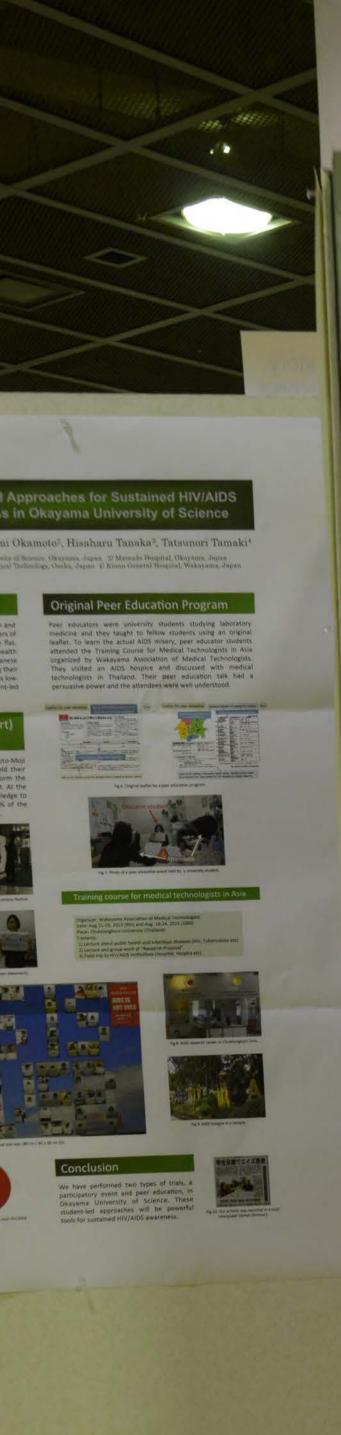
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study Englis Poten Rosai









Foreign Trainee Invitation Program Education in TMER, Japan. Part II **PN-14**

Etsu Suzuki^{1,2}, Keiko Inoue², Asami Naito², Yasuhiro yanagisawa²,

Michikuni Ishijima², Hisayoshi Satoh¹, Kyoko Komatsu¹,³ and Tom Stowe³ 1:Tsukuba Medical Laboratory of Education and Research. 2:Tsukuba i-Laboratory LLP. 3:International Federation of Biomedical Laboratory Science;

Introduction

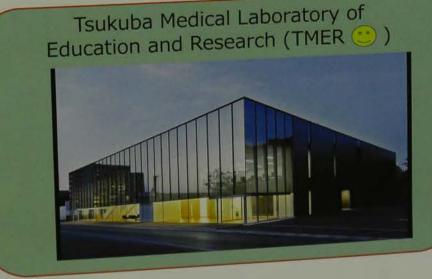
The Tsukuba Medical Laboratory of Education and Research (TMER) is mainly engaged in supporting the education, development, and training of Medical Scientists and Medical Technologists.

The University of Tsukuba Hospital and LSI Medience Corporation established TMER to promote research and development based on collaboration between industry and academia.

TMER has held the Foreign Trainee Invitation Program every year since 2011, receiving clinical laboratory scientists from various countries for training in medical laboratory technology, with the joint aims of contributing to improve in the level of medical care in the trainee's home country and building mutually beneficial international friendship.

Over the last 5 years, we have received 7 trainees from 7 different countries.







(from Taiwan *



(from Canada & Sri Lanka ★★)





In 2014: Pathology training



From the trainee; I was able to share my experience during the training to members of the Philippine Association of Medical Technologists who attended the 51st Annual Convention held at the Manila Hotel. I was invited by our National President, Mr. Ronaldo Puno, as a symposium speaker to discuss the procedures in applying for the scholarship program and the beautiful experience of training with one of the best laboratory in Japan.

TMER

Under the joint auspices

- Tsukuba Medical Laboratory of Education and Research (TMER) · International Federation of Biomedical Laboratory Science (IFBLS)
- · Japanese Association of Medical Technologists (JAMT)
- · University of Tsukuba Hospital



In 2011: Physiological function training



In 2012: Immunology training



In 2013: Hematology training (from Cameroon, Nigeria & Japan



(from Greece & Japan ★)



In 2015: Hematology training (from Philippines & Japan *

writing a research proposal. The topics included

epidemiological review of trend in these infectious diseases in Thailand. Field trips were provided to get more information and ideas on site. Participants were requested to carry their routine data of their facility and to plan research project in

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O Prevalence of HIV-int

O The usability of the C

doctors and nurses.

infection positive pers

then field of interest to practice writing a short research proposal. Course Objectives 1.To learn epidemiology of AIDS/TB deeply and understand how to make and use the Research

2. To train and educate for the Japanese Medical

To construct a future Asian Network by Medical

Epidemiology of HIV/AIDS/TB. 2. Field trips (list of visited hospitals and facilities)

Thai National Institute of Health ctious Disease Institute ·Thai Red Cross AIDS Research Centre The HIV Netherlands Australia Thailand Research Collaboration ·Camellian Social Center, Rayong

Hospice Temple (Wat Phra Bhat Nam Phu) Preparation of Research Proposal and

1.Conference Pres for JAMT and of · 6 titles (Interna (Domestic Cong 2.Lectures on HIV

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e residents, continue to technology necessary for the n to suit the own community.

Education **PN-15**

Review on the HIV/TB training for MTs in Asia

Tatsunori Tamaki, Hiroshi Matumoto, Masato Takenaka 1) Norihito Tanaka 2), Koji Kubo 3), Hisaharu Tanaka 4)

1)Kinan General Hospital 2)Wakayama Rousai Hospital

3)Saiseikai Wakayama Hospital 4)Osaka Medical College Of Medical Technology

Course description

HIV/AIDS and TB are part of the major global public health issues and are recently increasing in developing and under developed countries, and also in Japan. Laboratory diagnosis holds a key to these issues. The data from the laboratory is crucial for screening and confirming the unfound infected cases. It is used in epidemiological surveillance, research on its epidemiology and other related fields as well. Therefore, education and training of MTs in Japan is the urgent task. We sought MTs in Thailand who experienced controlling an outbreak in these areas for their kind cooperation. The training courses were designed on the principle of epidemiology including laboratory surveillance and the HIV/AIDS and TB related lectures necessary to apply the obtained laboratory data for writing a research proposal. The topics included epidemiological review of trend in these infectious diseases in Thailand. Field trips were provided to get more information and ideas on site. Participants were requested to carry their routine data of their facility and to plan research project in their field of interest to practice writing a short

Course Objectives 1.To learn epidemiology of AIDS/TB deeply and understand how to make and use the Research Proposal.

2.To train and educate for the Japanese Medical Technologists.

3.To construct a future Asian Network by Medical Technologists.

Course contents

research proposal.

THUR

1. Epidemiology of HIV/AIDS/TB.

2. Field trips (list of visited hospitals and facilities)

·Banrasunaradura Infectious Disease Institute

·Thai National Institute of Health

·Thai Red Cross AIDS Research Centre

·The HIV Netherlands Australia Thailand Research Collaboration

· Camellian Social Center, Rayong

·Hospice Temple (Wat Phra Bhat Nam Phu)

3. Preparation of Research Proposal and presentation by working group.

Partnership

Wakayama Association of Medical Technologists Faculty of Public Health, Mahidol University, in

Mahidol University, ASEAN Institute for Health

Development, in Thailand

Faculty of Allied Health Sciences, Chulalongkorn University, in Thailand

13 category of Research Proposal ①Research Title

2Rational and Justification or Background 3 Research question

4 Hypothesis

(5) Objectives (Aims)

6 Conceptual Framework

(7) Variables

(8)Operational Definition (9) Scope and Limitation of the Study

WUsefulness of the Study DResearch Methods

Work Plan (13)Budget

Specificity of Research Proposal

1. Organized logically, easy to understand.

2. Suitable for epidemiological research.

3. Written in English, good for international use. 1. Also useful for familiar issue by applying technique.

Participants List of 1st-10th

	year place		Country			-Sex		occupation							
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	total		104	21	1	47	76	87	2	4	22	7.0	72	126	38

The title of Research Proposal 1st- 10th

OIncidence of Needle stick accident among hospital personnal, Hiroshima Red Cross Hospital

O Prevalence of TB infection among HIV positive in General Hospitals of Osaka, Japan

O HIV Vertical Transmission and Factors Affecting this transmission at Bamrasnaradura Hospital.

O Incidence of Mycobacterium Avium Complex (MAC) Among HIV/AIDS Patients in Bamrasnaradura Hospital, Thailand

O Factors affecting the reduction of HIV infection in infants after the standard treatment of HIV infected mothers 3rd O Factors affecting DOTS noncompliance among TB patients

at Nopparat Ratjathanee Hospital O Prevalence of HIV-infection and related factors in Commercial Sex

Workers at Kabuki-Cho, Tokyo, Japan O The new DOTS program for reducing TB infection rate among family contacts in Klong Toey Area, Bangkok

O The usability of the Chlamydia test for the detection of HIV

infection positive person on the pregnant mother

O Promotion of the practice of HIV test in Osaka 6th O Factors contributing HIV stigmatization in Osaka hospital among doctors and nurses.

O Lesson learn from Thai policy for successful in promoting

O The way to increase tuberculosis test rate in Airin's homeless

O HIV/AIDS education to students in Kagawa 8th D Education for young generation

O The Effectiveness of International Health Education Using Skype

ODecrease of HIV infection among youth 'Education to HIV Peer

ODevelopment of a new education program for MT students to improve "TOTAL HUMAN ABILITY

O AIDS to learn in parent and child O A Survey of Knowledge about HIV/AIDS of Junior High School

O Change the image of HIV in Japan!

Action after this training course 1. Conference Presentation on proposal development

for JAMT and other institutions.

· 6 titles (International Congress), 52 titles

(Domestic Congress), 11titles(Paper)

2.Lectures on HIV/AIDS at Nursing schools and

High schools. ·121 times, about 4,000people. (Wakayama,

Fukui, Okayama, Hiroshima and Osaka Pref.)

3. Action of Voluntary Counseling for Testing and Flyer distribution.

·12 times, about 1,800 people in Wakayama

4. Action in overseas.

·JOCV 6 people (Cambodia, Thailand, Laos, Mozambique etc.)

·1 participant got a job CDC, after admission

Emory University. Summary

Wakayama Association of Medical Technologist have organized 10 training courses with the cooperation of Association of Medical Technologists of Thailand to develop human resources who can contribute to infection control measures mainly for HIV/TB. From these experiences in training, the participants are hoped to demonstrate their ability as leaders in their facility, region, educational sites and for the association of medical technologists in the future. Furthermore, it is hoped that they can work internationally with global point of view.

Technical Collabo

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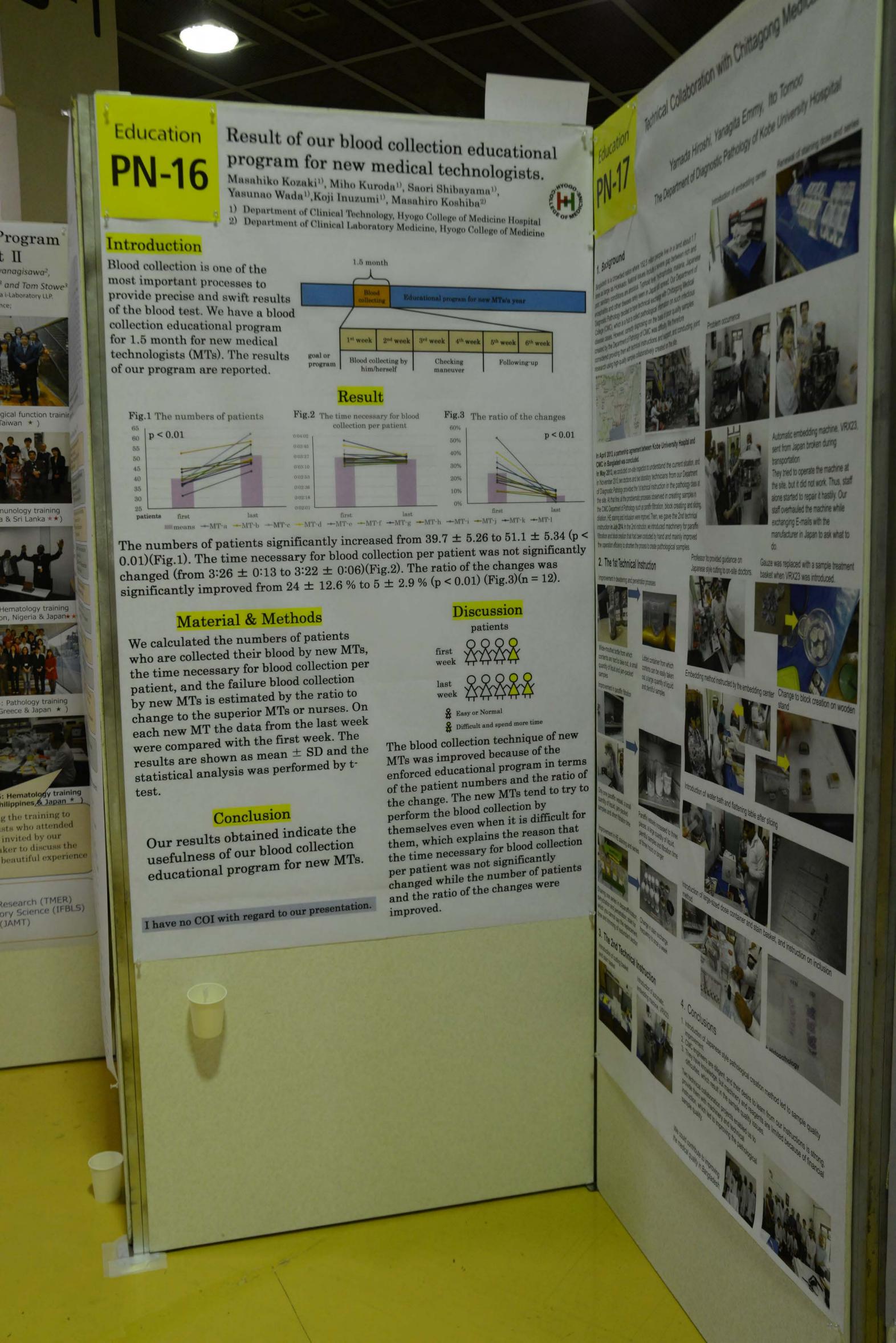


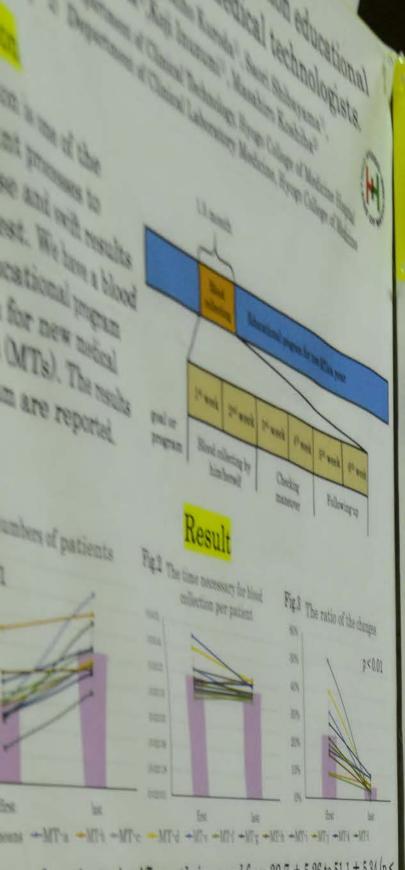
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pers of patients significantly increased from 39.7 ± 5.26 to 51.1 ± 5.34 (p < 1). The time necessary for blood collection per patient was not significantly from $3:26 \pm 0:13$ to $3:22 \pm 0:06$)(Fig.2). The ratio of the changes was Itly improved from $24 \pm 12.6\%$ to $5 \pm 2.9\%$ (p<0.01) (Fig.3)(n=12).

Material & Methods ulated the numbers of patients collected their blood by new MTs, e necessary for blood collection per , and the failure blood collection MTs is estimated by the ratio to to the superior MTs or nurses. On The blood collection technique of new ew MT the data from the last week MIs was improved because of the ompared with the first week. The s are shown as mean ± SD and the

enforced educational program in terms of the Patient numbers and the ratio of the change. The new MTs tend to try to tical analysis was performed by t perform the blood collection by themselves even when it is difficult for themselves even when it is difficult for them, which explains the reason that the time necessary for blood collection per patient was not significantly changed while the number of patients results obtained indicate the and the ratio of the changes were orunness of our blood collection acallonal program for new MTs.

A Difficult and spend over time

Education **PN-17**

Technical Collaboration with Chittagong Medical College

Yamada Hiroshi, Yanagita Emmy, Ito Tomoo The Department of Diagnostic Pathology of Kobe University Hospital

1. Background

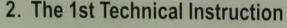
Bangladesh is a crowded nation where 152.5 million people live in a land about 1.7 times as large as Hokkaido. National issues include a severe gap between rich and poor; sanitary conditions are atrocious. Typhoid fever, hydrophobia, malaria, Japanese encephalitis and other diseases rarely seen in Japan still spread. Our Department of Diagnostic Pathology decided to have technical exchange with Chittagong Medical College (CMC), which is a hub to collect pathological information on such infectious disease cases. However, correctly diagnosing on the basis of poor quality samples created by the Department of Pathology of CMC was difficulty. We therefore considered providing them with technical instructions and support, and conducting joint research using high-quality samples collaboratively created on the site





In April 2013, a partnership agreement between Kobe University Hospital and CMC in Bangladesh was concluded.

In May 2013, we conducted on-site inspection to understand the current situation, and in November 2013, two doctors and two laboratory technicians from our Department of Diagnostic Pathology provided the 1st technical instruction in the pathology class at the site. At that time, all the problematic processes observed in creating samples in the CMC Department of Pathology such as paraffin filtration, block creating and slicing, dilation, HE staining and inclusion were improved. Then, we gave the 2nd technical instruction in July 2014. In the 2nd instruction, we introduced machinery for paraffin filtration and block creation that had been conducted by hand and mainly improved the operation efficiency to shorten the process to create pathological samples. Professor Ito provided guidance on

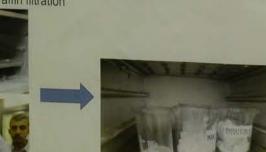


Improvement in dewatering and penetration processes



Wide-mouthed bottle from which contents are hard to take out, a small quantity of liquid and jam-packed

Improvement in paraffin filtration



Lidded container from which

contents can be easily taken

out, a large quantity of liquid

Paraffin vessels increased to three

plentiful samples and filtration time

pieces, a large quantity of liquid,

of three hours or longer

and plentiful samples

Only one paraffin vessel, a small

quantity of liquid, jam-packed samples and short filtration time

Improvement in HE staining and series

Sharing one series in deparaffinization. Change in stain exchange dehydration and penetration; stain for frequency to once a week which you cannot say the replacement time and trimming of redundant section

3. The 2nd Technical Instruction

Introduction of cutting basket and stain basket



Introduction of automatic embedding machine, VRX23







Problem occurrence





Automatic embedding machine, VRX23, sent from Japan broken during transportation

They tried to operate the machine at the site, but it did not work. Thus, staff alone started to repair it hastily. Our staff overhauled the machine while exchanging E-mails with the manufacturer in Japan to ask what to

Gauze was replaced with a sample treatment basket when VRX23 was introduced.



Embedding method instructed by the embedding center
Change to block creation on wooden



Japanese style cutting to on-site doctors.

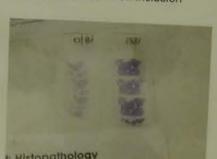
Introduction of water bath and flattening table after slicing





Introduction of large-sized dose container and stain basket, and instruction on inclusion

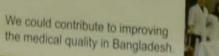




4. Conclusions

- 1. Introduction of Japanese style pathological creation method led to sample quality
- 2. CMC engineers are diligent, and their desire to learn from our instructions is strong. 3. They have knowledge, but machinery and reagents are limited because of financial difficulties, which result in the sample quality issues.

Two technical collaboration projects enabled us to provide them with machinery and technical instruction, which led to improving the pathological sample quality.







ıction

miological studies ed that breast cancer is ading cancer of de At patient, surgical hemotherapy are the es for the cure of The chemotherapeutic sually designed to cell death via cell cycle apoptosis pathways. ve used a extracts of H ensis to inhibit breast bliferation and tumor of nvestigate the unde lar mechanisms.

ils and Methods

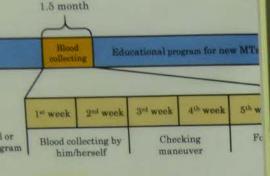
is study, we used Hib ensis extracts to inhibit b cell proliferation and to and investigate ing molecular mechanis breast cancer cell was used in this study. were analyzed by F ry. Signal transductions w d by western blots in

esults indicated that Hibisc ensis extracts significant ed cell proliferation by pendent manner in cell tometry demonstrated the

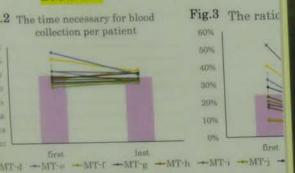
Taiwanensis cell cycle arrest at G0/G When analysis the expression cycle-related proteins, we that Hibiscus Taiwanensis increased caspase3/8/9 id cyt-C in a dose-dependent

ur blood collection educ r new medical technolo

¹⁾, Miho Kuroda¹⁾, Saori Shibayama¹⁾, Koji Inuzumi¹⁾, Masahiro Koshiba²⁾ linical Technology, Hyogo College of Medicine linical Laboratory Medicine, Hyogo College of



Result



cantly increased from 39.7 ± 5.26 to ! y for blood collection per patient was r $:22 \pm 0:06)$ (Fig.2). The ratio of the characteristics \pm 12.6 % to 5 \pm 2.9 % (p < 0.01) (Fig.

patients by new MTs, collection per collection the ratio to or nurses. On the last week t week. The E SD and the ormed by t-

dicate the collection or new MTs.

our presentation.

Discussi patients

The blood collection tec MTs was improved beca enforced educational pr of the patient numbers the change. The new M perform the blood collect themselves even when them, which explains tl the time necessary for l per patient was not sig: changed while the num and the ratio of the cha improved.

PN-18 Support of pathological and international pathological in Nepal. Pathology Tomos Itoh (MD), Department of Diagnostic Pathology

Department of Diagnostic Pathology obe University Graduate School of Medicine

Buckgroundine

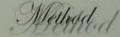
■ Starting in 2013, we of the Department of Pathology of the Kobe University Hospital have visited the Chittagong Medical College Hospital in Bangladesh twice yearly in order to provide guidance and education about the pathology techniques used in Japan. In 2015, we observed the current situation of pathology techniques in Bhutan, and successfully resolved local problem areas.



■ Through these experiences, we were also able to offer guidance and education on pathology techniques at Nepal's Kathmandu Medical Collage Teaching Hospital (henceforth "KMCTH") in January of 2016. KMCTH was capable of performing fundamental techniques ranging from paraffin block preparation to HE-stained specimen preparation, but since they had never introduced immunohistochemistry techniques, they were unable to diagnose cases such as lymphoma, which was difficult to diagnose with HE-staining alone.

The results of immunohistochemical staining are frequently used to predict prognoses, and to determine therapeutic strategies or operative procedures. Immunohistochemistry currently plays an important role in pathalogical diagnosis. To that end, correct knowledge and technical skill is essential for immunohistochemistry, and it is not an easy technique to introduce.

The aim of the Department of Pathology of the Kobe University Hospital was to introduce staining techniques in response to the desire for guidance about immunohistochemistry by local pathologists.



- We obtained paraffin blocks previously prepared at KMCTH, then at the Kobe University Hospital we sliced them thinly and prepared both HE-stained specimens and immunohistochemistry specimens in order to understand the quality of the paraffin blocks.
- We estimated the level of local pathology techniques based on those conditions, then we prepared suggestions for improvement of the current situation and planned and implemented guidelines for the future.











चीकत्सा कलज



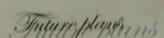




- ◆Our first step was to introduce CD20, CD3, S100, and CK to the KMCTH operations.
- ◆We supplied the necessary tools and shipped them to KMCTH.
- ◆There was no glass that could be used for IHC at the local site, so we showed them a method for
- ◆They used actual specimens from patients suspected of having lymphomas to perform their tests.

Resulti/13

- The clinical laboratory technicians at KMCTH were extremely industrious, and were dedicated to improving themselves.
- They were able to make accurate diagnoses.
- They can now determine treatment strategies.



- We plan to visit the local area at regular intervals in the future, with the hopes of continuing our technical assistance.
- We want to save as many patient as possible.



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are usually designed to induce cancer cell death via cell cycle arrest andor apoptosis pathways. In this study, we used a extracts of Hibiscus Taiwanensis to inhibit breast cancer cell proliferation and tumor growth. and investigate the underlying

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molecular mechanisms.